

Retreat With The Father

Series: Spiritual Discipline

Date: January 23, 2010

Bible Verse: "Train yourself to be godly" (1 Tim 4:7)

1. "Spiritual Discipline" concerns life-choices that facilitate a deeper relationship with God.
2. Discipline # 1: Spend one-on-one time with the Father regularly
3. How do we train ourselves for a godly life? (Today's take away)
 - (a) Develop a weekly Sabbath plan
 - (b) Plan for a yearly spiritual retreat